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*Genetic methods used in detection and strain differentiation
of the bacteria belonging to the Mycobacterium tuberculosis
complex for diagnosis and epidemiology*

Metody genetyczne stosowane do wykrywania i różnicowania szczepów należących do
Mycobacterium tuberculosis complex dla celów diagnostycznych i epidemiologicznych

Tuberculosis remains a major worldwide health problem and it is estimated that the number of new occurrences of the disease will increase greatly in the next decade, especially because of its coexistence with human immunodeficiency virus (HIV) infections [38]. Every year approximately eight millions of people are affected by this disease. In Poland, 14 895 patients suffering from tuberculosis were registered in the year 2000, which gives the prevalence of tuberculosis of 38.5. Compared to the level of this coefficient in 1999 (i.e. 37.6) a slight increase was noticed [40].

Mycobacterium tuberculosis is an intracellular bacteria, which may live and proliferate mainly in the professional phagocytes (macrophages). This microorganism has a low virulence and proliferates slowly, therefore an inflammation process becomes prolonged lasting for months or even years. It results from the differences in the intensity of an immune response causing problems with diagnosis [34].

Therefore it is important to develop such diagnostic tests that allow a rapid, sensitive and specific detection and identification of *Mycobacterium tuberculosis* in clinical specimens as this will enable appropriate medical care decisions to be made. The standard methods used in diagnosis of tuberculosis have some important limitations. Although direct microscopy is a rapid diagnostic method used for detecting acid-fast mycobacteria, it is insensitive and does not permit identification of the species of identified bacteria. Mycobacterial culture is a sensitive but time-consuming procedure as it may require several weeks to obtain positive results. However, recent developments in molecular genetics have led to the methods for fast detection of mycobacteria based on the polymorphism of their DNA.

DNA POLYMORPHISM WITHIN THE SUBSPECIES OF THE *MYCOBACTERIUM TUBERCULOSIS* COMPLEX

The results obtained from different generic typing methods, like multilocus enzyme electrophoresis (MLEE), restriction fragment end labelling (RFEL) or multilocus sequencing, show that the bacteria belonging to the *Mycobacterium tuberculosis* complex (i.e. *Mycobacterium tuberculosis*, *Mycobacterium africanum*, *Mycobacterium bovis*, *Mycobacterium microtii* and *Mycobacterium canettii*) are genetically closely related [6, 8, 11, 23, 44]. However, a high degree of DNA polymorphism is observed and is associated with repetitive DNA such as insertion elements (IS) and short repetitive DNA sequences.

In *M. tuberculosis* complex strains four ISs, IS6110, -1081, -1547 and the IS-like element, had been identified so far. IS6110 is found in the members of the *M. tuberculosis* complex in numbers ranging from zero to more than twenty copies randomly distributed in the chromosome and is widely used as a genetic marker to differentiate clinical *M. tuberculosis* strains for epidemiological investigations [41]. IS1081 is found in five to seven copies per genome and is associated with limited DNA polymorphism, whereas IS1547 and IS-like element are present in one or two copies per genome [5, 7, 10, 26, 43].

In the genome of *M. tuberculosis* complex strains there are five types of short repetitive DNA sequences. Three of these, a repeat of a multimer (GTG)_n, the major polymorphic tandem repeat (MPTR) and the polymorphic GC-rich tandem repeat sequence (PGRS), are found in multiple chromosomal loci [19, 36, 45]. It is worth noticing that the multiple repeats of MPTRs and PGRSs are often a part of the so-called Pro-Glu and Pro-Pro-Glu multigene families, respectively, and are therefore postulated to be a probable result of antigenic variation [5]. The fourth type of short repetitive DNA, exact tandem repeat (ETR), has been identified in six loci in the bacterial genome. In contrast to the polymorphic MPTR and PGRS, each ETR loci contain large DNA repeats, ranging in size from 53 to 79 base pairs, with identical sequences in adjacent repeats [14]. Finally, in *M. tuberculosis* complex strains the direct repeat region has been identified [18]. It is composed of multiple direct variant repeats (DVRs), each of which is composed of a 36-bp direct repeat (DR) and a nonrepetitive, unique spacer sequence of similar size (35 to 41 bp).

The methods used for visualising the DNA polymorphism in *M. tuberculosis* complex strains are: restriction fragment length polymorphism (RFLP), polymerase chain reaction (PCR), DNA hybridisation and combinations of these methods.

RESTRICTION FRAGMENT LENGTH POLYMORPHISM (RFLP)

Restriction fragment length polymorphism (RFLP) analysis has become a very important tool in the diagnosis of tuberculosis. Various DNA probes such as IS6110, IS1081, the polymorphic GC-rich sequence and the direct repeat have proven to be useful for this purpose. In 1992, an internationally accepted consensus for the stand-

ardised use of IS6110 DNA fingerprinting was established, with *PvuII* as the restriction enzyme. This standardised technique proceeds as follows: genomic DNA is digested with restriction endonuclease *PvuII*, electrophoresed through an agarose gel and vacuum blotted onto a nylon membrane. After blotting, the membrane is hybridised with a digoxigenin-labelled IS6110 probe. The IS6110 probe was synthesised in digoxigenin-labelled form by gene amplification with primers INS1 and INS2 [42]. A limitation of IS6110-RFLP typing is that it requires culture of bacteria prior to DNA extraction and the results can be obtained only weeks or even months after the initial presentation of the patient at the clinic. In addition, some strains of *M. tuberculosis* contain only one or two copies of the IS6110 insertion element; therefore fingerprinting provides poor discrimination among such strains.

PCR-BASED ASSAYS

In comparison with the earlier phage-typing method [39], IS6110 RFLP is a rapid method that gives the results in several weeks. However, compared with other molecular methods, like PCR-based assays, the IS6110 RFLP is slow and requires more bacterial material for an analysis. PCR methods produce DNA fingerprint results quickly (i.e. within 1–2 days), they do not rely on growing cultures or viable cells and in some of the procedures there is no need to purify DNA. PCR is a good test for detecting *M. tuberculosis* DNA even when small numbers of bacteria are present in the clinical specimens. Several large studies have found that a sensitivity of PCR-based approach used for rapid diagnosing of tuberculosis infections is equivalent to or somewhat less than that of mycobacterial culture [2, 4, 9, 12, 27, 37].

Most of the PCR-based techniques have been developed with the purpose of amplifying polymorphic DNA regions flanking IS6110 with oligonucleotide primers complementary to the end of IS6110 (the method is known as IS6110-PCR) [35]. In a modified IS6110-PCR technique, called IS6110-inverse-PCR (IPCR), the primers oriented in the reverse direction of the usual orientation are used. The template for the reverse primers is a restriction fragment that has been ligated upon itself to form a circle [29, 30, 32]. Other approaches combine the variability of IS6110 with the conserved sites of MPTR (this PCR-based method is called IS6110-amplifrinting) or PGRS (this method is called double-repetitive-element PCR — DRE-PCR) for differentiating *M. tuberculosis* strains [13, 33]. Another technique based on IS6110 polymorphism is known as mixed-linker PCR (ML-PCR). The method uses one primer specific for IS6110 and a second primer complementary to a linker ligated to the restricted genomic DNA [1, 17]. For most of these methods sequential DNA manipulations such as digestion, ligation and then amplification are necessary, which complicate their use.

A different approach employed to detect polymorphisms for PCR-based analysis of *M. tuberculosis* isolates is characterised by the use of nonspecific oligonucleotide primers. The methods based on random amplified polymorphism DNA analysis, known as arbitrarily primed PCR (APPCR), show, however, that standardisation, reproducibility and comparison between patterns are difficult [24, 31].

For strain differentiation and evolutionary studies in bacteria belonging to the *M. tuberculosis* complex typing of loci containing variable number of tandem repeats (VNTR loci) is useful. Tandem repeat loci (i.e. MPTR and ETR loci), found in the *M. tuberculosis* genome, can be analysed by PCR using specific primers complementary to the flanking regions [14].

Finally, a method based on the nature of the DNA polymorphism in the spacer regions between the DR has been developed. This procedure is referred to as spacer oligotyping or "spoligotyping" because it involves PCR amplification of the DR region from each strain, followed by hybridisation to a membrane with covalently associated oligonucleotides corresponding to various spacer sequences [20]. There is no need to purify extracted DNA before performing this assay and ten femtograms of chromosomal *M. tuberculosis* DNA, an amount corresponding to about two mycobacterial genomes, has been reproducibly detectable. It is noteworthy that this method allows the detection of *M. tuberculosis* and strain differentiation at the same time, whereas some of the methods described above (especially DRE-PCR and APPCR) are not suitable for routine simultaneous detection and typing of *M. tuberculosis* in clinical specimens. That is because of polymorphism in the target for PCR primers or because of too much variation in the size of the DNA target to be flanked by the primers used in these procedures.

The variation of spacers within the conserved DRs has been used earlier by Groenen et al. to differentiate *M. tuberculosis* strains by PCR-based method called direct variable repeat PCR (DVR-PCR) [16]. This procedure, however, is not appropriate for routine use in a clinical laboratory because the method is technically demanded.

In comparison with spoligotyping, IS6110 RFLP analysis demonstrates a greatly higher level of discrimination. Spoligotyping, on the other hand, is particularly useful for analysis of isolates with low IS6110 copy numbers, can be applied directly to clinical samples by PCR and provides an important tool for rapid detection of *M. tuberculosis* isolates.

At present spoligotyping is recommended as a method of choice for routine PCR-based simultaneous detection and strain differentiation of the *M. tuberculosis* complex having a particular application as a first-line typing technique because it can be performed with extracts of sputum or bronchoalveolar lavage samples [15, 30].

There is also another, worth mentioning, PCR-based technique, which is useful in solving the problem that not all clinical samples, which are culture positive are also positive by PCR and that only a minority of culture-negative samples from patients eventually shown to have tuberculosis are positive by this approach. There are two main obstacles limiting the sensitivity of this approach in diagnosis of tuberculosis, especially of paucibacillary forms of the disease. First, high levels of DNA in the sample can inhibit PCR, and many clinical specimens contain large numbers of immune and inflammatory cells, a source of large amounts of DNA. Thus, it is necessary to dilute these samples (and also the mycobacterial DNA) prior to amplification. Second, to obtain optimal sensitivity, it is necessary to eliminate inhibitors of PCR present in clinical samples. The problem is that the multistep processes required to obtain

highly purified DNA are difficult to apply in routine practice. To overcome these problems, Mangiapan et al. have developed a technique known as sequence capture-PCR. This method permits the specific capture of mycobacterial DNA in crude samples containing large numbers of human cells prior to amplification, thereby concentrating the target sequences and removing irrelevant DNA and other potential inhibitors. The biotinylated oligonucleotides are hybridised to mycobacterial DNA in solution and subsequently bound to avidin-coated beads (two-step capture). Afterwards, the amplification of two different sequences specific for organisms of the *M. tuberculosis* complex (IS6110 and DR region) is performed. This approach allows for detecting as little as one genome of mycobacterial DNA in samples containing up to 750 µg of total DNA, which gave a 10- to 100-fold increase in sensitivity compared with that obtained by purifying total DNA prior to amplification [25].

For the detection and analysis of PCR products agarose gel electrophoresis in the presence of ethidium bromide and Southern blot hybridisation with an internal probe (mainly a digoxigenin labelled one) are usually used [21, 28]. However, hybridisation procedures on membranes are time-consuming and the readings are subjective. Therefore the quicker and simpler to perform methods, used for the detection of amplicons from the *M. tuberculosis* complex, were developed [3, 22]. These techniques are known as microwell hybridisation assays.

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STRESZCZENIE

Mycobacterium tuberculosis jest wewnątrzkomórkową bakterią bytującą w fagocytach. Charakteryzuje się małą zjadliwością i powolnym procesem rozmnażania, a jej patogenność uzależniona jest

od aktywności układu immunologicznego. Wymienione cechy tego drobnoustroju wymagają specjalistycznych metod stosowanych obecnie w diagnostyce gruźlicy. Wśród nich należy wymienić dwie podstawowe techniki genetyczne: polimorfizm długości fragmentów restrykcyjnych (ang. *restriction fragment length polymorphism* — RFLP) i łańcuchowa reakcja polimerazy (ang. *polymerase chain reaction* — PCR). RFLP jest czułą metodą przydatną nie tylko do wykrywania, ale i do różnicowania szczepów bakterii należących do *Mycobacterium tuberculosis* complex. Technika PCR pozwala wprawdzie na słabsze zróżnicowanie poszczególnych szczepów, ale ze względu na szybkość wykonania i czułość jest bardziej użyteczna we wczesnej diagnostyce gruźlicy. Za najbardziej wartościowe odmiany PCR należy uznać następujące metody: amplifikacja i hybrydizacja regionu bezpośredniego powtórzenia (ang. *direct repeat* — DR) i analiza loci o zmiennej liczbie tandemowych powtórzeń (ang. *variable number of tandem repeats* — VNTR).