

Department of General Chemistry, Medical University of Lublin
Department of Chemical Microbiology, Medical University of Lublin
Institute of Rural Medicine, Lublin

IRENA MUSIK, MARIA KOZIOŁ-MONTEWKA,
KAZIMIERZ PASTERNAK, SABINA TOŚ-LUTY,
MAŁGORZATA TOKARSKA

*Effects of selenium inorganic and two new organic compounds
supplementation on morphotic blood elements
and antioxidant status in mice*

Selenium is assimilated in the alimentary canal; its organic compounds show higher capacity of assimilation and the most favourable therapeutic effects are observed in combination with vitamins A, C and E (1). Selenium deficiency may lead to diseases in certain human populations. Combined E and Se deficiency resulted in significantly lower total (oxidised-reduced) mitochondrial coenzyme Q-9 (Co Q-9) concentration compared with control rats supplemented with dietary E and Se (5). Selenium supplementation dramatically reduced the incidence of Keshan disease (12), an osteoarthropathy characterized by necrosis of the cartilage. The involvement of Se in immune responses has been well documented. It appears to affect non-specific immune system, humoral immunity, cellular immunity and cytotoxicity (7), although cell mediated immunity is principally affected by Se deficiency. Some authors (6) report that low blood levels of selenium correlate with a higher prevalence and incidence of cancer. The metalloid element as a structural component of the active centre of glutathione peroxidase enzymes (SeGSH-Px) plays a major role in the intercellular antioxidant system (10). Selenium cumulation was determined in liver, kidney, heart, lung, adrenals, thyroid, spleen, pancreas, ovaries, brain, muscle and plasma, after selenium supplementation (15).

In our laboratory we produced two organic compounds, 4-(*o*-tolyl)-selenosemicarbazide of *p*-chlorobenzoic acid in the reaction of addition *o*-tolyl isoselenocyanate and *p*-chlorobenzoic acid hydrazide (11) and 3-(*p*-chlorobenzoylamino)-2-(*o*-tolylimino)-4-phenyl-4-selenazoline by condensing of 4-(*o*-tolyl)-selenosemicarbazide of *p*-chlorobenzoic acid with omega-bromoacetophenone. To determine the biological properties of these compounds the analysis of selenium cumulating in organs was performed, its effects on blood formation, phagocytes and antioxidative properties in mouse neutrophils after the supplementation with two organic compounds were examined and compared with the effects induced by inorganic Na₂SeO₃.

received a standard LSM fodder and water without limitations. Blood was collected from heparinised test tubes and the numbers of erythrocytes, leukocytes, hematocrit as well as haemoglobin concentration were determined. In a smear stained with May-Grunwald's method the percentage of white morphotic blood elements was determined which served as the basis for calculating the absolute number of cells in one mm^3 of blood. Phagocyte reaction with Bato-Latex (Difco, USA) was used to assess phagocyte capacity of neutrophils. Oxidoreductional potential of neutrophils was examined with the NBT test.

RESULTS

The results of blood parameters including erythrocytes, haematocrit, haemoglobin concentration and leukocytes were not changed (Tab.1). The examination of the leukocytes composition in mice following the administration of selenium compounds revealed complete absence of monocytes as well as statistically decreased lymphocytes in the group supplemented with Na_2SeO_3 and selenosemicarbazide compared to the controls, however, the number of neutrophils was increased in the group supplemented with both organic compounds (selenosemicarbazide 980 ± 134 and selenazoline 1040 ± 965 in comparison to the control group (800 ± 179).

Table 1. Morphological parameters of blood in SWISS mice after the supplementation sodium selenite IV, selenosemicarbazide and selenazoline to the control group

Mouse group	Haemoglobin (g%)	Heamatocrit (%)	Erythrocytes ($10^6/\text{mm}^3$)	Leucocytes ($10^3/\text{mm}^3$)
Controls without Se supplementation	11.978 ± 1.230	46.100 ± 1.673	9.060 ± 0.285	2.980 ± 1.417
After sodium selenite IV supplementation	13.366 ± 0.411	45.200 ± 2.588	8.866 ± 0.519	2.120 ± 0.605
After selenosemicarbazide supplementation	13.178 ± 0.517	46.900 ± 0.961	9.188 ± 0.198	2.120 ± 0.455
After selenazoline supplementation	12.424 ± 1.442	46.200 ± 4.944	9.006 ± 0.953	2.260 ± 0.873

The highest bacillus content was observed after selenazoline administration (tab. 2), which was statistically significant. The examination of phagocytosing function and intracellular processes of nitroblutetrazolium caused reduction the administration of selenium compounds (tab. 3).

Table 2. White blood count in SWISS mice after the supplementation with sodium selenite IV, selenosemicarbazide and selenazoline to the control group

Mouse group	Neutrophils number mm^{-3}	Bacillus number mm^{-3}	Monocytes number mm^{-3}	Lymphocytes number mm^{-3}
Controls without Se supplementation	800 ± 179	70 ± 52	8.00 ± 79	2516 ± 1228
After sodium selenite IV supplementation	300 ± 670	30 ± 33	0.000(*)	1519 ± 541 (*)
After selenosemicarbazide supplementation	980 ± 134 (**)	44 ± 13	0.000(*)	1565 ± 448 (*)

After selenazoline supplementation	1040 ± 965 (***)	198 ± 96 (***, ***)	3.000 ± 6.70	1952 ± 867
------------------------------------	---------------------	------------------------	--------------	------------

Table 3. The comparison of granulocyte phagocytic abilities and NBT in SWISS mice following the supplementation with sodium selenite IV, selenosemicarbazide and selenazoline against the control group

Mouse group	Neutrophils number mm ⁻³	Phagocytosis % of positive cells	NBT test % of positive cells
Controls without Se supplementation	800 ± 179	61.20 ± 7.430	7.000 ± 1.000
After sodium selenite IV supplementation	300 ± 670	25.600 ± 20.500 (*)	4.400 ± 1.673 (*)
After selenosemicarbazide supplementation	980 ± 134 (**)	36.00 ± 13.416 (*)	2.800 ± 1.095 (*)
After selenazoline supplementation	1040 ± 965 (***)	48.00 ± 26.496 (***)	3.600 ± 2.190 (*)

SD – standard deviation

- * Statistical significance in comparison with the control group $p < 0.05$
- ** Statistical significance after selenosemicarbazide supplementation in comparison with sodium selenite supplementation
- *** Statistical significance after selenazoline supplementation in comparison with sodium selenite supplementation
- **** Statistical significance after selenosemicarbazide supplementation in comparison with selenazoline supplementation

DISCUSSION

Selenium was shown to function as an antioxidant that may enhance immunity during microbial infection. The aim of our research was to find adequate form of selenium compound offering the highest selenium intake and to examine its influence upon haemopoiesis and immunity. Thus we were looking for the most effective forms of selenium compounds. We compared two forms of organic selenium with inorganic Na_2SeO_3 . The results showed that inorganic compounds, which do not dissolve in water, dissolve well in the emulsion whose composition was presented in the "Material and methods" section. Coxsackie virus was isolated from the blood of patients with Keshan disease and is thought likely to be a cofactor in the development of cardiomyopathy (3,4). It seems probable, therefore, that human selenium deficiency similarly affects the viral genome resulting in the development of the heart pathology. Our studies of haemopoiesis supplementation with selenium found no changes. Selenium deficiency also depresses the effectiveness of immune cells, especially immunoglobulin production and antiviral resistance. Selenium supplementation boots cellular immunity by T cells function and (indirectly) B cells function activation and by protecting the immune cells against antioxidative stress-induced damage (13). Our study examined the effects of selenium supplementation upon phagocytosis and NBT test (14). Selenium influence upon the immune functions is dose-dependent. It acts both as a stimulant (9) and immunosuppressant. The dose used in our investigations, 10^{-3} mg/1g resulted in decreased phagocytizing activity. Theoretically, the way it was used could have resulted in increased neutrophils reactivity (8). Reduction properties inside neutrophils are important for intracellular metabolism and killing

the bacteria phagocytosed. Selenium compound supplementation and its intake by the enzymes resulted in decreased NBT test due to selenium oxido-reductive properties. Complete NBT reduction to dipharmazan needs two electrons. Reduction can have a four-stage course. At the first stage a relatively stable NBT free radical forms; it can dismutate to NBT^{+2} and monopharmazan or it can react with monopharmazan reductor. Dicationic form NBT^{+2} is yellow, however, the colour reduction, thus loss of potential and tear of tetrazolic rings, leads to changed spectral properties (the appearance of intense blue colour) (2). Our investigations found that selenium compounds supplementation and intake by the enzymes resulted in decreased NBT test.

CONCLUSIONS

After analyzing the experiments with two newly organic compounds of selen, synthesized in our laboratory, it was found that they reveal different satisfactory degree of combining into the studied tissues and organs and an ability to regulate investigated immunological parameters.

REFERENCES

1. Allard J.P. et al.: Effects of vitamin E and C supplementation on oxidative stress and viral load in HIV-infected subject. *AIDS*, 12, 1653, 1998.
2. Bartosz G.: Rectification radical anion overoxide. In: *The other side of oxygen*. PWN, 121, Warszawa 1995.
3. Beck M.A. et al.: Rapid genomic evolution of a non-virulent Coxsackie virus B3 in selenium-deficient mice results in selection of identical virulent isolates. *Nat. Med.*, 1, 433, 1995.
4. Beer C. et al.: Cognitive decline is associated with systemic oxidative stress—the EVA study. *J. Am. Geriatr. Soc.* (in print). 2000.
5. Blot W.J. et al. Nutrition intervention trials in Linxian, China. *J. Natl. Cancer Inst.*, 85, 1492, 1993.
6. Brown K.M. et al.: Effects of organic and inorganic selenium supplementation on selenoenzyme activity in blood lymphocytes, granulocytes, platelets and erythrocytes. *Clin. Sci.*, 98, 593, 2000.
7. Forceville X. et al.: Selenium, systemic immune response syndrome, sepsis and outcome in critically ill patients. *Crit. Care Med.*, 26, 1536, 1998.
8. Hawkes W.C., Hornbostel L.: Effects of dietary selenium on mood in healthy men living in a metabolic research unit. *Biol. Psychiatry*, 39, 121, 1996.
9. Kamińska T., Stasiak M., Wiczorek P.: The effect of zinc and selenium on cytokine production by in vitro stimulated cord and adult blood cells. *Cent. Europ. J. Imm.*, 25, 216, 2000.
10. Knekt P. et al.: Is low selenium status a risk factor for lung cancer? *Am. J. Epidemiol.*, 148, 975, 1998.
11. Musik I. et al.: Immunomodulatory effect of selenosemicarbazide and selenium inorganic compounds, distribution in organs after selenium supplementation. *BioMetals.*, 12, 369, 1999.
12. Nelson R. et al.: The effect of dietary selenium deficiency on acute colorectal mucosal nucleotoxicity induced by several carcinogenes in the rodent. *Am. J. Surgery*, 172, 85, 1996.
13. Rayman M.P.: The importance of selenium to human health. *The Lancet*, 356, 233, 2000.

14. Stabel J.R., Spears J.W.: Role of selenium in immune responsiveness and disease resistance. In: Human Nutrition-A Comprehensive Treatise. Nutrition and Immunology. DM Klurfeld (ed). Plenum Press., 8, 333, New York 1993.
15. Tanguy S, et al.: Trace elements and cardioprotection: increasing endogenous glutathione peroxidase activity by oral selenium supplementation in rats limits reperfusion – induced arrhythmias. J Trace Elem. Med. Biol., 12,28,1998.

SUMMARY

Two organic compounds, 4-(o-tolilo-)-selenosemicarbazide of p-chlorobenzoic acid and 3-(p-chlorobenzoylamino-)-2-(o-tolylimino-)-4-phenyl-4-selenazoline were compared to the effects of the supplementation with inorganic Na_2SeO_3 . Studies were carried out in four groups consisting of 10 female mice each of SWISS strain. Three of them were supplemented with different selenium formula at the dose of 10^{-3} mg Se per g over the period of 10 day. The blood samples were collected to heparinized test tubes; the red blood and white blood count, hematocrit and haemoglobin concentration were studied. The influence of selenium compounds on phagocytosis and NBT test was determined.

Wpływ suplementacji selenu nieorganicznego i dwóch nowych organicznych związków na morfologię krwi i właściwości antyoksydacyjne u myszy

Dwa organiczne związki 4-(o-tolilo-)-selenosemikarbazyd kwasu p-chlorobenzoesowego i 3-(p-chlorobenzoylo-amino-)-2-(o-toliloimino-)-4-fenyl-4-selenazolina były porównywane z nie-organicznym Na_2SeO_3 . Badania wykonano w czterech grupach po 10 samic myszy szczepu SWISS. Trzy grupy suplementowano różnymi związkami selenu w dawce 10^{-3} mg Se na g masy ciała w ciągu 10 dni, czwartą grupę stanowiła kontrola bez suplementacji. Zwierzęta karmiono paszą standardową LSM i poiono wodą *ad libitum*. Krew pobierano do próbek heparynizowanych i oznaczano białe ciała, hematokryt i hemoglobinę. Określano wpływ związków selenu na zdolności fagocytarne i potencjał oksydoredukcyjny neutrofilii.